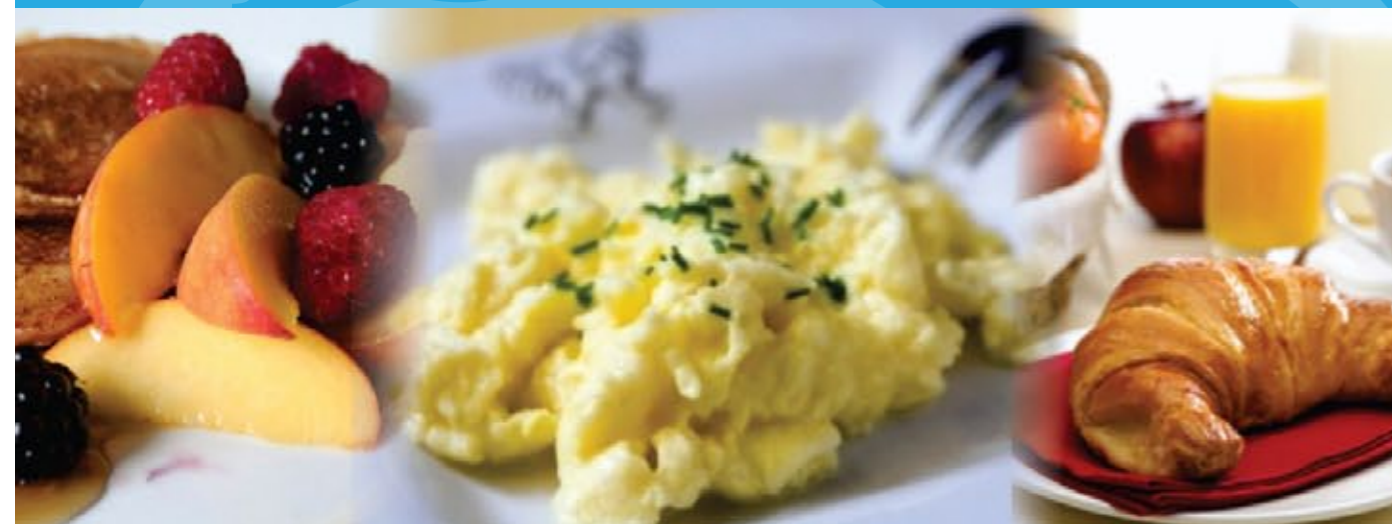


## All Weekend Breakfast

<b>EGGS BENEDICT</b> toasted turkish bread, ham, poached free range eggs and hollandaise sauce	14.5
<b>FLORENTINE</b> toasted turkish bread, wilted spinach, poached free range eggs and hollandaise sauce served with a hashbrown	14.5
<b>ATLANTIC</b> lightly toasted turkish bread with smoked salmon, poached free range eggs, baby spinach, avocado mash and hollandaise sauce	15.5
<b>EGGS VEGETARIAN</b> your choice of eggs, sauteed mushrooms and spinach, grilled tomatoes, avocado mash, haloumi, hashbrown and sourdough toast	17.5
<b>BIG BREAKFAST</b> your choice of eggs, sauteed mushrooms and spinach, grilled tomatoes, hashbrown and sourdough toast	18.5



## On the light side

<b>DIPS QUARTET</b> toasted turkish bread with four seasonal dips	12.5
<b>BRUSCHETTA</b> char grilled bread topped with tomato, spanish onion, basil and drizzled with balsamic and olive oil dressing	8.5
<b>OPEN TURKEY SANDWICH</b> turkey breast folded over a slice of sourdough, with cranberry sauce, avocado, roquette and double brie cheese	12.7
<b>CHICKEN WRAP</b> marinated tenderloins wrapped in a grilled flour tortilla with fresh wild roquette, avocado, spanish onion, cucumber and honey mustard mayo together with a serve of chips	13.5
<b>LAMB WRAP</b> lamb wrapped in a grilled flour tortilla with fresh wild roquette, tomatoes, roasted capsicum and drizzled with mint yogurt dressing accompanied with a serve of chips	13.5
<b>SALMON ROSTI</b> a potato and leek grilled rosti layered with Tasmanian smoked salmon, wild roquette, spanish onion and sweet chilli sour cream	16.0
<b>GRILLED CHICKEN AND AVOCADO BURGER</b> grilled chicken tenderloins on a toasted bun with roquette salad, avocado and mayo served with beer battered chips	15.5
<b>BANKS BEEF BURGER</b> house made burger in a toasted bun with tomato relish, bacon, egg, roquette and caramelised onion served with beer battered chips	17.0



502 Canterbury Road Forest Hill 3131 Tel 98723844

## Salads

### TRADITIONAL CAESAR SALAD

crisp cos lettuce tossed together with shaved parmesan, bacon and garlic croutons in our own caesar dressing topped with a poached egg

**Add Chicken**

4.0

**Smoked Salmon**

5.50

### THAI BEEF SALAD

diced beef yearling tossed through asian greens and salads, vermicelli noodles & thai spiced dressing

### MEDITERRANEAN SALAD

a medley of grilled Mediterranean vegetables layered with baby spinach leaves, marinated fetta and your choice of greek style lamb or chicken

## Pasta

Available as penne, fettucini or tortellini

### CARBONARA

sautéed bacon, garlic, parsley and egg in a creamy white wine sauce

### CHICKEN AND MUSHROOM

with pesto and avocado tossed in a creamy white wine sauce

### BOLOGNAISE

traditional Italian meat sauce with tomato and herbs

### SEAFOOD

prawns, calamari and scallops in a rich tomato, chilli, garlic and fresh herb sauce

### METRICIANA

napoli sauce with fried chilli, garlic, bacon, onion and kalamata olives

### ROAST PUMPKIN AND FETTA

pieces of caramelised pumpkin, baby spinach, toasted pine nuts and fresh fetta tossed together with extra virgin olive oil

## Risotto

### VEGETARIAN

olives, mushroom, capsicum, spinach and pine nuts in a tomato based sauce

### SMOKED SALMON

tasmanian smoked atlantic salmon and fresh herbs tossed through a creamy risotto finished with white wine and baby green peas

### PESTO CHICKEN AND MUSHROOM

tender pieces of chicken tossed through a creamy risotto with avocado, mushrooms and pesto finished with white wine and parmesan

### PRAWN AND SCALLOP

sautéed with arborio rice, garlic and red onion in a napoli cream sauce with snow peas and topped with black mussels

14.0

17.0

17.5

16.5

17.5

15.0

18.5

16.5

16.0

17.0

21.0

20.0

23.0

## Mains

### BANKS FISH N CHIPS

deep fried barramundi fillets, in a light beer batter, served with a side salad, beer battered chips and tartare sauce

19.0

### SALT N PEPPER CALAMARI

crisp fried calamari pieces in the chefs own blend of spices, served on a warm potato and roquette salad

21.0

### OCEAN HARVEST

selection of freshly crumbed calamari, prawns, barramundi and scallops fried and served with beer battered chips and salad

25.0

### GARLIC PRAWNS

garlic fried tiger prawns sautéed with seasonal vegetables in a rich white wine cream sauce served over jasmine rice (chilli optional)

23.0

### CHICKEN SCHNITZEL

crumbed chicken breast schnitzel served with chips and garden salad

17.5

### CHICKEN PARMIGIANA

crumbed chicken breast schnitzel topped with Virginian ham, napolitana sauce and mozzarella cheese served with chips and garden salad

18.5

### GRILLED CHICKEN BREAST

char grilled and served on a creamy risotto of kalamata olives, spinach, pesto and finished with a rich tomato relish

24.0

### CHICKEN FLORENTINE

supreme breast of chicken pocketed with avocado, baby spinach, brie cheese and toasted pine nuts, enhanced with a parsley and garlic cream sauce accompanied with a cherry tomato salad

23.0

### BANKS STEAK SANDWICH

char grilled scotch fillet steak served in a toasted turkish bread with roasted red capsicum, onion marmalade, wild roquette and sun dried tomato mustard served with chips

17.0

### EYE FILLET STEAK

250 grams cooked to your liking and served with golden chat potatoes, sautéed seasonal vegetables with a rich demi glaze sauce

27.0

**Add Prawns** 5.0

### VEGETABLE STACK WITH GRILLED HALOUMI

grilled mediterranean vegetables, layered with roquette, basil pesto and haloumi cheese on a potato and leek rosti

17.0

## Sides

GARLIC OR HERB BREAD

4.5

BLANCHED SEASONAL VEGETABLES

6.0

BEER BATTERED CHIPS

6.5

GARDEN SALAD

5.0

WEDGES SERVED WITH SWEET CHILLI AND SOUR CREAM

7.5